VR Rehabilitation Platform Checklist

Six essential areas to check before choosing a system for your clinic.

01 Patient suitability

- [ ] Supports our main patient groups and therapeutic goals
- [ ] Includes appropriate options for seated use, accessibility and VR tolerance

02 Clinical evidence

- [ ] Provides relevant published studies and distinguishes general VR evidence from product evidence
- [ ] Explains what outcomes were measured and the limits of the research

03 Therapist control and reporting

- [ ] Allows clinicians to select and adjust exercises to patient needs
- [ ] Provides clear session reports and meaningful progress measures

04 Safety, regulation and privacy

- [ ] Supplies safety guidance, supervision requirements and contraindications
- [ ] Explains medical device status, patient data handling and GDPR responsibilities

05 Everyday clinical use

- [ ] Demonstrates realistic setup, cleaning and workflow requirements
- [ ] Includes suitable staff training, onboarding and technical support

06 Total cost and support

- [ ] Provides transparent hardware, subscription and maintenance costs
- [ ] Explains what is included and any additional costs for growth or replacement

DECISION RULE

Mark any non-negotiable requirements before comparing prices. A platform should not pass because of a high total score if it fails an essential clinical or safety requirement.

Questions to Ask Every VR Provider

Use these prompts during a product demonstration or procurement call.

Clinical fit

- [ ] Which clinical conditions and therapy goals is this platform intended for?
- [ ] Can you show one realistic patient case from setup through reporting?

Evidence and outcomes

- [ ] Which published studies tested this specific platform?
- [ ] Are improvements in platform scores linked to validated clinical outcomes?

Safety and compliance

- [ ] What are the exclusions, precautions and supervision requirements?
- [ ] Can you share regulatory documentation and a data processing agreement, where applicable?

Implementation

- [ ] How long does a session take to prepare and document?
- [ ] What training, support, updates and replacement policies are included?

Pricing

- [ ] What is the total cost for 12 months, including hardware and onboarding?
- [ ] What changes if we add therapists, patients, sites or devices?

DOCUMENTS TO REQUEST

Published evidence / technical specification / safety instructions / relevant regulatory documents / data privacy terms / full cost quotation.

Compare Up to Three Platforms

Record verified facts and pilot observations. Use N/A when a criterion does not apply.

Platform 1: _____ **Platform 2:** _____ **Platform 3:** _____

CRITERION	PLATFORM 1	PLATFORM 2	PLATFORM 3
Patient and therapy fit			
Product-specific evidence			
Exercise personalization			
Useful progress reports			
Safety and regulation			
Ease of setup and use			
Training and support			
Total 12-month cost			
Key limitation / concern			

PILOT CHECK: RECORD BEFORE YOU COMMIT

Our primary clinical objective: _____

Patients and clinicians involved: _____

Setup time / comfort / technical issues: _____

Decision and next step: _____

INTERPRETATION

Compare what was actually demonstrated or documented. A brief pilot assesses feasibility and fit, not proof of clinical effectiveness. No universal score establishes the best platform.